

ORLANDO BALLET

JORDEN MORRIS | ARTISTIC DIRECTOR

Fitness Thru Dance: Dress Code Policy

We advise our FTD dancers to wear items that are:

- Non-restrictive
- Breathable
- Standard leotards and tights are not particularly enforced. You may opt for workout attire or activewear.
- Men must be properly supported with either a dance belt or compression underwear underneath their dance apparel.



- Street clothing is not recommended.
- Ultimately what makes you most comfortable!

CLASS	SHOE
Ballet	Canvas or Leather Ballet Shoes
Afro-Fusion	Barefoot or Sneaker
Barre Fitness and/or PBT	Barefoot or Grip Socks
Contemporary and/or Modern	Barefoot
Jazz and/or Musical Theater	Lace-Up or Slip-On Jazz Shoes

Harriett's Orlando Ballet Centre
600 N. Lake Formosa Drive
Orlando, FL 32803