

# ORLANDO BALLET SCHOOL

## Summer Intensive 2019 Information Pages – 3 Week ORLANDO Program

**PLEASE READ THOROUGHLY. THIS PACKET CONTAINS INFORMATION FOR BOTH DAY AND BOARDING STUDENTS**

### **Program Dates**

Orlando Ballet School's 3-Week **(SESSION 1)** Summer Intensive Program begins on Monday, June 24<sup>th</sup> and ends on Friday, July 12, 2019. **Boarding Students** will check-in to UCF student housing on Sunday, June 23<sup>rd</sup> between 2-5pm and check-out on Saturday, July 13<sup>th</sup> between 8-11am. **Day Students** will check in on Monday, June 24<sup>th</sup> between 8-8:30am at our Central Campus (2201 McRae Avenue, Orlando, FL 32803).

### **Supplemental Forms**

In addition to the information you provided during the online registration, there are Supplemental Forms that must be completed by all participants. The Supplemental Forms must be notarized and/or signed by a Physician and are due no later than Wednesday, May 1, 2019. If you have not yet completed the forms, they can be found in the registration confirmation email you received, or accessed [here through the student's online account](#). Once completed, the **Supplemental Forms must be individually SCANNED AND UPLOADED to the online student account. PLEASE KEEP THE ORIGINALS.** Students may not participate in the 2019 Summer Intensive Program without all forms completed, signed and uploaded to the student's online registration.

### **Payments and Refunds**

If applicable, the final installment payment will be processed May 15, 2019. ***Students with any outstanding balances after May 1, will not be permitted to participate in the program until their balance has been paid in full.*** In the event a student must withdraw from the program, we must receive a written request by email. A partial **tuition** refund (minus the 25% non-refundable deposit and registration fee) may be granted at the discretion of the School Director in the event of severe physical injury or illness (medical documentation required). There are absolutely NO refunds for Room & Board.

### **Orlando Ballet School T-shirts, Jackets and Tank tops**

An OBS Summer Intensive t-shirt is included with your \$50 registration fee. If you would like to order additional t-shirts for yourself, family or friends, they are only \$15 and are available in all youth and adult sizes. We also have Summer Intensive Tank Tops (\$15) and Jackets (\$60) available. You can order additional merchandise [online](#) before May 1<sup>st</sup>. **Very specific quantities will be ordered so be sure to pre-order your merchandise!!**

### **Optional Activities**

Students may choose to attend some or all of the planned trips to local area attractions. Trips can be added to the student registration [online](#) before May 1<sup>st</sup>. Please keep in mind that space is limited on the trips. We order tickets in advance and cannot accommodate ticket requests after the May 1<sup>st</sup> deadline\*. The trip prices indicated online include transportation to and from the attraction. All buses leave from and return to the UCF Campus. **Day students are responsible for their own transportation to and from UCF to meet the trip busses. Trips are non-refundable.**

\*Space permitting, students who do not purchase/confirm by May 1<sup>st</sup> may have the opportunity to sign up and pay during the summer for trips which don't require a ticket.

Dates/Destinations of proposed activities may be adjusted without notice

**Proposed activities (click on trip name for additional information):**

- ❑ Saturday, June 29 - [Orlando Eye / Madame Tussaud's / SeaLife Aquarium](#) (\$60)
- ❑ Sunday, June 30 - [Universal Studios / Islands of Adventure](#) (\$120)
- ❑ Thursday, July 4 – [Blue Man Group performance](#) (\$60)
- ❑ Saturday & Sunday, July 6 & 7 – [Workshop: A Dancer's Mindset led by Susan Jaffe](#) (INCLUDED)
- ❑ Sunday, July 7 – [\\*Disney Springs](#) (*transportation only - evening trip after workshop concludes*) (\$20)

For our trips to the theme parks, students should expect to purchase both lunch and dinner during their trips. Students should bring money with them to purchase those meals. They may also choose to take snacks with them. Students should be sure to bring sunscreen and reapply it often during each trip to avoid sunburn. Students should also remember to drink plenty of water! For our shorter (half day) trips, students should plan to purchase either their lunch or dinner while they're away. Resident Assistants will accompany the students as chaperones on each trip. Students must stay in small groups during trips and are required to check in with their assigned chaperone periodically throughout the day.

**Level Placement**

Level Placement classes will be held the first day of the program, Monday, June 24<sup>th</sup> following the 9am student meeting and faculty introductions. Level placement and level specific schedules for the remainder of the intensive will be emailed to all families at the conclusion of the first day.

The process of placing over 200 students in levels that are suitable for their training during the program is an involved and complex process. Strengthening the foundation of a dancer's technique is the most important component of any student's ability to meet the demands expected of high level dancers today. Orlando Ballet School adheres to this methodology and it has proven to be successful in training countless professional dancers. That said, we place students in levels based primarily on areas of focus so they can continue to strengthen their foundation. Level placement will not, under any circumstances, be discussed with parents.

**Placement is at the sole discretion of senior OBS Faculty including Phillip Broomhead, School Director. Placement may be adjusted by staff as the intensive progresses if it is determined that a student's initial placement needs to be changed.**

**Daily Schedules**

Classes are held Monday thru Friday from 10am-5pm, and half days on Saturday's from 10am–3:30pm (either AM or PM session– be sure to check your schedule once it's been posted). Thursday, July 4<sup>th</sup> will be a half day as well.

Classes include: two ballet technique classes/day, pointe/variations/men's class or repertory, character/jazz/modern, and yoga/pilates/strength conditioning. Partnering will be offered to the top levels and all men will take partnering classes.

***Classes are held at three different locations:***

**Boarding students** will be transported by bus to the appropriate location. **Day students** are responsible for their own transportation to class.

Orlando Ballet School Central Campus—2201 McRae Avenue, Orlando, FL 32803.

Orlando Ballet School South Campus--7988 Via Dellagio Way, Suite 204, Orlando, FL 32819.

DanzForce Extreme – 11602 Lake Underhill Road #126, Orlando, FL 32825

It is important for students to pay attention to their daily schedule as they may have classes at varying locations throughout the week. Depending on level placement, most students will have classes at least once per week at each location. **Students will NOT need to be transported from one campus to another campus within the same day—once they are at their assigned campus for the day, students will remain there the entire day.**

## Attendance

**Students are expected to attend every class for which they are scheduled.** Daily and weekly schedules and changes will be posted on OBS bulletin boards. Absence due to illness, injury, or special circumstances may be excused upon receipt of a doctor's note and a parent/guardian telephone call to (407) 418.9818 or email to [summerprograms@orlandoballet.org](mailto:summerprograms@orlandoballet.org). **All absences must be reported to the school office prior to class time.** Students may not enter class late or leave class without permission from the instructor. A student who arrives more than 10 minutes late may be required to sit and observe class.

## Student Expectations

All students are expected to behave in a respectful and mature manner. This is an intensive ballet program which requires students to be responsible for

- Following school rules
- Being respectful of OBS staff, fellow students and their property
- Remaining disciplined and focused on daily dance work

Orlando Ballet School uses a demerit system to address any behavior issues during the Summer Intensive. All OBS staff and Resident Assistants are permitted to issue demerits. After a student's second demerit is issued, the School Director or School Manager will contact the student's parent or guardian to inform them of the situation. If a third demerit is issued, the student will be dismissed from the Summer Intensive at the expense of his/her parent or guardian and no refunds will be issued.

Orlando Ballet School practices a Zero Tolerance Policy with regard to more serious offenses.

- Orlando Ballet School will not tolerate possession and/or consumption of tobacco, drugs, or alcohol at any time while attending the Summer Intensive Program either on OBS property or the UCF Campus. No person shall possess, consume, furnish, manufacture, sell, exchange or otherwise distribute any tobacco, alcoholic beverages or other drugs. The possession or use of fireworks, and any kind of weapons is also prohibited.
- No student shall harass, abuse, or bully any other person in word, deed, or action.
- No student shall tamper with or borrow without permission the personal property of others.
- In the event that any of these rules are violated, this will be cause for the immediate dismissal of the student at the expense of his/her parent or guardian.

All registrants are required to sign and upload the signed Behavior Policy and Agreement stating that they have read the information provided by Orlando Ballet regarding the school's summer intensive program rules and regulations, and agree to adhere to the standards of Orlando Ballet School and fully understand that it is at the discretion of the school staff and administration to issue demerits and dismiss any student that has violated these rules. Registrants also understand that Orlando Ballet School practices a Zero Tolerance Policy with regard to more serious offenses. If a student is dismissed, he/she will be sent home immediately at the expense of the parent or guardian.

### **Food and Drink at OBS**

**No food or drinks (except water) will be allowed in the studios. Please bring a refillable, water-tight drink container. Store bought bottled water is strongly discouraged as recycling is not available.** Students will be given a lunch break each weekday. **Boarding students** will have their lunch provided to them on class days, and **Day students** will need to pack their lunch each day. Refrigeration is not available so day students should pack their lunches accordingly. **Please be sure all lunch bags and drink containers are labeled with the student's first initial and last name in permanent marker.**

During their lunch break, students will also be allowed to check out in small groups to visit local restaurants within walking distance of the studio. Students taking class at our Central Campus will also have access to a "Healthy" vending machine.

Students are expected to keep Orlando Ballet School and UCF facilities clean and in good repair, placing all food garbage in the appropriate waste containers. Lunch times will be monitored and demerits will be issued if a student is found eating or drinking in places that are not designated, and if food and/or trash is left on the floor, furniture or tables.

### **Personal Student Money**

Reloadable Visa/MC/Amex and/or Debit/ATM cards are recommended. We do not recommend that students bring large amounts of cash to the studios. Lockers are not available. Orlando Ballet School does not cash any checks, and School Staff and/or RAs cannot be responsible for any student's personal money.

### **Observation Day**

Parents are invited to observe AM ballet classes on the final day of classes during the program – Thursday, July 11<sup>th</sup>. Exact schedules and class locations will depend on the student's level placement. The Thursday class schedule will be provided as soon as it is available.

### **Program-End Performances**

All Summer Intensive students will participate in a concluding performance on Friday, July 12<sup>th</sup> at 6 PM. The performance will be held at Trinity Prep – 5700 Trinity Prep Ln, Winter Park, FL 32792. Parents, family, and friends are invited to attend the performances. Advanced tickets will be available to purchase online, or at the theater on the day of the show for \$20 each.

DVDs of all performances will be available for purchase. Order forms will be emailed during the final week of the intensive and will also be available at the theater during the performances.

### **Contact Information**

Summer Intensive Coordinator: **Jonna Stephan**, [summerprograms@orlandoballet.org](mailto:summerprograms@orlandoballet.org)

Dorm Supervisor: **Idaliz Good**, [dormdirector@orlandoballet.org](mailto:dormdirector@orlandoballet.org)

OBS School Manager: **Jenny Logus**, [jlogus@orlandoballet.org](mailto:jlogus@orlandoballet.org)

OBS Central Campus: 407.418.9818

OBS South Campus: 407.352.9733

# Summer Intensive 2019 Dancewear Supply List

## Female:

- Pink ballet shoes (canvas or leather)
- Pointe shoes (please bring the appropriate number for 3 weeks)
- Black camisole leotards (solid colored leotards of any style may be worn **only** on Saturday)
- Tan split-sole jazz shoes (no jazz boots or sneakers please)
- Pink tights for ballet and pointe (seamed are acceptable)
- Black tights – convertible – for jazz/modern (or black jazz pants)
- Extra hair supplies (hair nets, hair pins, hair spray or gel, etc.)
  - Hair adornments such as flowers and bows are discouraged
- No leg warmers or “junk” may be worn in the classroom at any time
- Black ballet skirt may be worn for those in partnering
- Knee length black character skirt
- Black character shoes
- Yoga/Pilates mat

## For the concluding performances, all women must have\*\*:

- **Black camisole leotard and black ballet skirt.**
- **White camisole leotard and white ballet skirt.**

\*\*Please note that not all levels will wear both black and white outfits, but all students must come prepared with both colors.\*\*

## Male:

- Black tights with black ballet shoes or with white socks and white ballet shoes (feet must be covered)
- Form fitting White T-shirts (no writing) (solid colored t-shirts may be worn **only** on Saturday)
- Black jazz shoes (no boots or sneakers please)
- Black jazz pants
- Black footed tights
- Yoga/Pilates mat

# **INFORMATION SPECIFIC TO BOARDING STUDENTS**

## **Student Housing**

Orlando Ballet School Summer Intensive students will be housed at the **University of Central Florida (UCF) Main Campus**. A campus map and directions to the campus are available online at <http://map.ucf.edu/>. Although we have not yet been assigned to a specific building, UCF student housing features Pod-Style suites with a shared bathroom between each suite. Each two-bedroom suite houses four residents. Each suite opens onto a central "pod" area on each floor. The "pod" area is a shared living space that includes couches, tables and chairs for the floor residents to gather in. Students will not have access to a kitchen, however the suites have space for a mini-refrigerator and/or microwave. Students will have access to two laundry rooms and an area with vending machines. More details about the dormitories are available online at <http://www.housing.ucf.edu/choices/libra>.

Students can request roommates and should indicate their request **online** in the student registration pages (the request must be reciprocal and made by each person). If no roommate(s) is requested, students will be grouped by gender and age.

## **Arrival & Dorm Check-In**

Check-in for all boarding students will take place on Sunday, June 23<sup>rd</sup> between 2:00pm and 5:00pm. Students will have time to get settled into their rooms before a **mandatory student** orientation and dinner beginning at 6:30pm. If you plan to arrive after 5:00pm, please notify us by email ahead of time.

## **Students planning to use Orlando Ballet School transportation FROM the airport should book flights that arrive at Orlando International Airport (MCO) Sunday, June 23<sup>rd</sup> no later than 3:00pm.**

An Orlando Ballet School representative will be at the airport to meet students between the hours of 1:00pm and 3:45pm. Lunch can be purchased at the airport for students arriving early. There will be one bus leaving the airport at approximately 3:45pm to transport all students to the dormitory. There is a charge of \$30 each way for this service. This service can be added **online** before May 1<sup>st</sup>. **FLIGHT DETAILS MUST BE ADDED ONLINE IN THE STUDENT'S REGISTRATION PAGE.**

Students who are unable to secure a flight arriving before 3:00pm, can either choose to fly in on Saturday and utilize the Hyatt Regency Orlando Airport (if of age) or use other modes of transportation from the airport to the dormitory on Sunday. There is a list of airport shuttles and taxi companies below, and UBER and/or LYFT are also easily accessible to and from the airport. Orlando Ballet School is not responsible for students using alternate transportation from the airport.

## **Departure & Dorm Check-Out**

All boarding students must **check-out of their dorm room no later than 11:00am on Saturday, July 13<sup>th</sup>**. Students will have the option of checking out after the performance Friday, July 12<sup>th</sup> if they prefer. If you will be checking out on Friday night, please notify your RA when you check in or any time during the first week of the summer intensive.

## **Students planning to use Orlando Ballet School transportation TO the airport should book flights that depart Orlando International Airport (MCO) on Saturday, July 13<sup>th</sup> no earlier than 11:30am.**

There will be one bus departing UCF at 9:00am on Saturday morning to transport students to the airport. There is a charge of \$30 each way for this service. Again, this service can be added **online** before May 1<sup>st</sup>. **FLIGHT DETAILS MUST BE ADDED ONLINE IN THE STUDENT'S REGISTRATION PAGE.**

Students who are unable to secure a flight departing after 11:30am, can use other modes of transportation from the dormitory to the airport. There is a list of airport shuttles and taxi companies below, and UBER and/or LYFT are also easily accessible to and from the airport. Orlando Ballet School is not responsible for students using alternate transportation to the airport.

## **Shuttle/Taxi Service**

For students not using OBS transportation to and from the airport, the following numbers may be helpful:

Mears Transportation Shuttle & Taxicab Service: <http://www.mearstransportation.com/AirportTrans.htm>

Ace Metro/Luxury Cab (407) 855-1111

Diamond Cab Company (407) 523-3333

Quick Cab (407) 852-7741

Star Taxi (407) 857-9999

Town & Country Transport (407) 828-3036

Yellow/City Cab (407) 422-2222

**Please note that OBS is not responsible for students using alternate transportation to/from the airport.**

## **Dorm Director/Resident Assistants**

Dorm Supervisor, Idaliz Good, will oversee and manage the group of Resident Assistants (RAs) assigned to chaperone the students residing in the dormitories. Our RAs are young adults over the age of 18 from all over the world and they will participate as students in the summer intensive program. Each of the RAs has a strong passion for ballet and serving others. Each RA will be assigned a group of 8-10 students to oversee during the program. Upon checking-in you will receive the name and contact information of your RA.

## **Meals**

Students will dine on campus at ['63 South](#) for breakfast and dinner (click the link for information). A catered lunch will also be provided Monday through Saturday to be eaten at Orlando Ballet School during the students' lunch break. **Students should bring an insulated lunch bag and refillable drink container.** We will work with UCF Dining Services staff to make every effort to accommodate any special dietary request that you may have. Please be sure to indicate any dietary restrictions in your [online](#) account. Special dietary requests made after May 1<sup>st</sup> may not be accommodated.

**Breakfast** - Breakfast will be provided every morning in the cafeteria on campus beginning Monday, June 24<sup>th</sup> through Friday, July 12<sup>th</sup>. All students must attend every meal on campus.

**Lunch** – Lunch will be provided Monday – Saturday. Students will purchase their own lunch each Sunday.

**Please budget for these meal purchases.**

**Dinner** - Dinner for students will be provided on Sunday, June 23<sup>rd</sup> after students have moved into the dorms, and then Monday – Saturday during the program (except 7/4). All students must attend every meal on campus. Students will purchase their own dinner on Thursday, 7/4; AND each Sunday. **Please budget for these meal purchases.**

Students will have several dining options to choose from on the days they're responsible for providing their own meals. Most students will attend the optional field trips on these dates (noted above) and should bring money with them to purchase their meals during the trip(s). Those students not attending the field trips may dine on campus, or order food for delivery to the dorms.

## **Student Packing List**

**Linens** - pillow, blanket, extended long twin sheets, and towels / washcloths.

**Toiletries** – deodorant, shampoo, body wash, toilet paper, etc.

**Laundry supplies** – detergent, fabric softener, mesh laundry bag, etc.

**Spending Money** – there are ATM machines on Campus at UCF, however we recommend using reloadable credit cards or debit cards instead of cash. **Students must be responsible for their own money.** Set a budget with your student ahead of time for weekly spending; \$50-\$100 per week seems to be the average. Keep in mind the high cost of food/drink and souvenirs at theme parks when planning.

**Optional, but recommended items** – hangers, laundry basket, trash can and/or trash bags

**Optional** – mini refrigerator, microwave

For your convenience, students may ship light, but bulky items such as bedding and towels to UCF ahead of time. We will provide you with the UCF shipping address the first week of June. Packages must arrive to UCF during the week of June 17-21. Packages will be made available to students when they check into UCF campus housing on Sunday, June 23<sup>rd</sup>. **Please do not ship heavy items or boxes larger than 24"x18"x18". It is the student's responsibility to mail boxes home at the end of the program.**

### **Additional Clothing and Sundries**

Please bring a bathing suit, comfortable clothes and shoes, and an umbrella in the event of rain. Remember that Florida's climate is very hot and usually does not cool down in the evenings even with regular afternoon thunderstorms. **Please bring sunscreen**, particularly if you plan to attend the optional field trips. Hats and sunglasses are highly recommended.

### **Telephones & Other Devices**

There are no phone jacks in the dorm rooms. Students are encouraged to bring cell phones to communicate with their family. Please note that cell phones are prohibited inside OBS studios. Students will have access to WiFi at the OBS facilities and on campus. They will receive WiFi login credentials upon their arrival.

### **Dorm Room Cleanliness, Decorating Guidelines, Room Keys**

No posters or pictures are permitted on any walls or doors of the UCF dormitories. Students are expected to keep their rooms and common areas tidy. Students are responsible for taking out their own trash to the dumpsters and for laundering their own clothing, bedding and towels. There will be random room checks by the RAs and Orlando Ballet School staff. Any room damages (minimum \$75) and/or lost room keys (\$75) will be billed to students' online account.

### **Curfews at UCF Dorms**

Students must be in their dormitory building by 8:00pm (unless on a designated field trip). Any student found outside of their assigned building after 8:00pm will be asked to leave the program immediately at the expense of his/her parents/guardian. Students must be inside their rooms at the times specified below:

Sunday – Thursday: 9:00pm for students ages 11-14 and 10:00pm for students ages 15 and up  
Friday & Saturday: 10:00pm for students ages 11-14 and 11:00pm for students ages 15 and up

Resident Assistants will conduct room checks at these times to be sure that all students are in their rooms.

### **Student Permission to leave campus**

Parents, family members and/or other adults are permitted to check out students from campus in the evenings or on weekends when there are no classes or other mandatory activities. **We do ask however that curfews be observed and that your student is checked out on a limited basis.** *Permission Forms are NOT required for OBS organized field trips, only for non-OBS related events/outings.*

The [Permission to Leave the UCF campus and/or OBS](mailto:summerprograms@orlandoballet.org) form MUST BE RECEIVED BY EMAIL to [summerprograms@orlandoballet.org](mailto:summerprograms@orlandoballet.org) at least 48 hours prior to the planned outing. **The notification must include the signature of a parent or guardian.**

***\*\*Checking your student out during the final week of the intensive is highly discouraged with the exception of Friday night after the final performance\*\****

### **Transportation**

If needed, students will have the opportunity to leave campus with a designated chaperone on an organized trip to the store to replenish supplies (toiletries, laundry detergent, snacks, etc.). Although OBS provides the chaperone for the trip, we do NOT provide the transportation for student errands. Students typically share the expense of a cab or UBER/LYFT fare. It is highly recommended that your student has access to a transportation app on their phone, or the ability to pay for shared transportation if needed.



## **Medical**

Students are responsible for their own medications (prescription or over-the-counter) during the program. OBS staff cannot be responsible for storing and/or distributing any student's medication.

OBS will provide **boarding students** with the opportunity to consult weekly with a physical therapist. These consultations are for students experiencing pain from an injury sustained **during the Summer Intensive, NOT for pre-existing injuries.**

If medical care or emergency treatment is required during the program, the parent or guardian will be notified. Any and all treatments must be paid for by the student or the student's insurance. **Students will also need to pay for the transportation (cab fare, ambulance, etc.) to any medical facility/urgent care if transportation is required.** Students will be accompanied by a Resident Assistant. Extended medical treatment is not provided to Orlando Ballet School Summer Intensive students. Any student requiring ongoing medical treatment will be sent home at the family's expense.

## **Vehicles**

Summer Intensive students driving by themselves to Orlando may keep their vehicles on campus during the program. However, students are not allowed to use their vehicles during the program for any reason. The student's car keys must be turned into their RA upon check-in and the RA will return them to the student upon check-out. Resident Assistants may also have vehicles on campus. RAs are permitted to use their vehicles during the program for OBS Summer Intensive related travel. However, RAs are not permitted to transport other students in their vehicle for any reason. Students will be responsible for obtaining the proper permits for their vehicle to be parked on campus. Please let the Summer Intensive Coordinator know in advance if you are planning to have a car on campus. Parking passes must be arranged in advance.

## **Nearby Hotels**

For family members and friends visiting the Orlando area during the Intensive we have provided information below on nearby hotels:

**Comfort Suites Downtown Orlando** (across the street from OBS Central - **mention OBS for special pricing**)

2416 N. Orange Avenue, Orlando, FL 32803; 407-228-4007; [www.ComfortSuites.com](http://www.ComfortSuites.com)

**The Doubletree Hotel Orlando Downtown** (approximately 1 mile from OBS Central)

60 South Ivanhoe Blvd, Orlando, FL 32804; 407.425.7440;

<http://www.doubletree.hilton.com/Orlando>

**Hampton Inn & Suites Orlando East/UCF Area**

3450 Quadrangle Blvd, Orlando, FL 32817; 407.282.0029;

<http://hamptoninn3.hilton.com/en/hotels/florida/hampton-inn-and-suites-orlando-east-ucf-area-MCOUCHX/index.html>

**Comfort Suites/UCF Area-Research Park**

12101 Challenger Pkwy, Orlando, FL 32826; 407.737.7303;

<https://www.choicehotels.com/florida/orlando/comfort-suites-hotels/fl061?source=gglocalai>