



ORLANDO BALLET SCHOOL

2017-2018 ADULT CLASS SCHEDULE

Central Campus

2201 McRae Avenue
Orlando, FL 32804
407-418-9818

August 21st - May 11th

Monday & Wednesday

Beginner Ballet

7:00 PM-8:30 PM

Tuesday

Beg/Int Ballet

10:00 AM -11:30 AM

Advanced Ballet

7:00 PM-8:30 PM

Thursday

Beg/Int Ballet

10:00 AM -11:30 AM

Int/Adv Ballet

7:00 PM -8:30 PM

Friday

Contemporary

7:30 PM -8:30 PM

South Campus

7988 Via Dellagio Way, Ste. 204
Orlando, FL 32819
407-352-9733

August 21st - May 11th

Monday

(COMING SOON)

Pilates Mat

(\$10 drop in rate)

9:00 AM-10:00 AM

Mon/Tues/Wed/Thu

Int/Adv Ballet

10:00 AM -11:30 AM

Tues/Wed/Thurs

Beg/Int Ballet

7:30 PM - 9:00 PM

Saturday

Int/Adv Ballet

1:00 PM-2:30 PM

Seminole Campus

1811 W. State Road 434
Longwood, FL 32750
407-834-8895

August 21st - May 11th

Wednesday

Ballet

11:00 AM-12:30 AM

Saturday

Ballet

9:30 AM-11:00 AM

Payment Details

Pay as you go no pre-registration required

Adult

Drop in Rate \$18 Per Class

10 Class Card* \$150

(a \$30 savings)

OBS Parent/Student/Senior/
Military

Drop-In Rate \$15

10 Class Card* \$120

(a \$30 Savings)

Theme Park/Florida Hospital

Drop-In Rate: \$12

10 Class Card* \$100

(a \$20 Savings)

*Class cards are non-transferrable/non-refundable, expire 90 days from date of purchase and may be used at any location.

Additional Details

Class Descriptions

Beginner/Intermediate:

Designed for students with less than three years prior ballet experience. Focus will be on increasing vocabulary and strength through combinations at the barre and in centre.

Intermediate/Advanced:

Designed so students can complete their knowledge of barre and centre work. This class introduces more complex steps and combinations and is taught at a more accelerated pace. This class is ideal for adults with previous Int./Adv. dance training wishing to maintain and improve their ability.



Dress Code

For the adult program the only traditional dancewear item we require is split sole ballet slippers. They can be any color canvas or leather. Regarding clothing, if not leotard and tights, please choose clothing that is flexible and easy to move in while also being somewhat form fitting. This will allow the instructor to observe the line of the body and make corrections as necessary. Please pull long hair back and away from the face. Jewelry is discouraged.

JOIN US FOR FUN, FITNESS, FLEXIBILITY AND STRENGTH